

Concussion and Head Injury Acknowledgement

OHEAA: OKC Knights

In compliance with Oklahoma Statute Section 24-155 of Title 70, this acknowledgement form is to confirm that you have read and understand the **Concussion Fact Sheet** provided to you by the OHEAA: OKC related to potential concussions and head injuries occurring during participation in athletics.

I, _____, as an athlete who participates in OHEAA: OKC
(PRINT student athlete's name)

Knights athletics and I, _____, a parent/legal guardian of this
(PRINT parent/legal guardian's name)

athlete, have read and do understand the information and warnings contained in the aforementioned fact sheet related to concussions and head injuries occurring during participation in athletic programs.

SIGNATURE OF ATHLETE

DATE

SIGNATURE OF PARENT/LEGAL GUARDIAN

DATE

A free, online training course is available which will help you:

- Understand a concussion and the potential consequences of this injury,
- Recognize concussion signs and symptoms and how to respond,
- Learn about steps for returning to activity (play and school) after a concussion, and
- Focus on prevention and preparedness to help keep athletes safe season-to-season.

Once you complete the training and quiz, you can print out a certificate, making it easy to show OKC Knights that you are ready for the season. This is an optional course.

<https://www.cdc.gov/headsup/youthsports/training/index.html>